

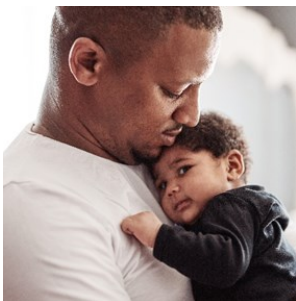


“Calm & Connect”

Infant Massage Course

Discover how connecting with your baby in massage encourages a deeper bond & increases relaxation

For Dads, Mums and Babies (0-9 months)
Starts Tuesday 16th August
10am to 12pm



Certified Infant Massage Instructor from Nurturing Well
Practical sessions that are enjoyable for you and bub

You receive your own Baby Massage Kit

5 week course

"This project has been supported through a City of Parramatta Council Community Grant"



Hope Connect

16 Shortland Street, Telopea 2117

Places are limited and free
childcare is available.

To Register, call us on
9638 7955